## **CBSE BOARD**

## Class 11 | Psychology

## QUIZ-01



## Chapter -8 | Learning

- 1. Which term refers to a relatively permanent change in behaviour due to experience?
  - A. Maturation
- B. Learning
- C. Adaptation
- D. Habituation
- (B)
- **Explanation:** Learning is defined as a relatively permanent change in behaviour that occurs as a result of experience or practice.
- 2. In classical conditioning, the stimulus that naturally elicits a response without prior learning is called:
  - A. Conditioned Stimulus (CS)
  - B. Unconditioned Stimulus (UCS)
  - C. Neutral Stimulus (NS)
  - D. Conditioned Response (CR)

- (B)
- *Explanation:* An unconditioned stimulus (UCS) triggers a natural, unlearned response without prior conditioning.
- 3. Who is known for conducting the experiment with a dog to demonstrate classical conditioning?
  - A. John Watson
- B. Ivan Pavlov
- C. B.F. Skinner
- D. Edward Thorndike (B)
- *Explanation:* Ivan Pavlov demonstrated classical conditioning by pairing a bell sound with food to elicit salivation in dogs.
- 4. The process of weakening a learned response by repeatedly presenting the conditioned stimulus without the unconditioned stimulus is called:
  - A. Spontaneous Recovery
  - B. Extinction
  - C. Generalisation
  - D. Discrimination (B
- **Explanation:** Extinction occurs when the conditioned response decreases after the conditioned stimulus is presented without the unconditioned stimulus.
- 5. In operant conditioning, removing an unpleasant stimulus to increase behaviour is called:
  - A. Positive Reinforcement
  - B. Negative Reinforcement
  - C. Punishment
  - D. Extinction (B)
- **Explanation**: Negative reinforcement involves strengthening a behaviour by removing or avoiding an unpleasant stimulus.

- 6. Thorndike's Law of Effect states that:
  - A. Behaviour followed by satisfaction is more likely to be repeated
  - B. Reinforcement must be immediate to be effective
  - C. Only voluntary behaviours can be learned
  - D. Punishment is the best way to modify behaviour (A)
- **Explanation:** The Law of Effect proposes that behaviours producing satisfying consequences are more likely to recur.
- 7. Which schedule of reinforcement produces a high, steady rate of response with little pause after reinforcement?
  - A. Fixed Interval
- B. Variable Interval
- C. Fixed Ratio
- D. Variable Ratio (D)
- **Explanation:** Variable ratio schedules, such as in gambling, yield high, steady response rates with resistance to extinction.
- 8. Learning that occurs by observing and imitating others is called:
  - A. Vicarious Conditioning
  - B. Observational Learning
  - C. Cognitive Mapping
  - D. Shaping
- **Explanation:** Observational learning involves acquiring new behaviours by watching and imitating others' actions.
- 9. Which term describes the reappearance of a previously extinguished conditioned response after a rest period?
  - A. Generalisation
- B. Spontaneous Recovery
- C. Discrimination
- D. Latent Learning
  - g (B)

(B)

- **Explanation:** Spontaneous recovery is the sudden return of a conditioned response after it has been extinguished and time has passed
- 10. Edward Tolman's experiments with rats in mazes demonstrated the concept of:
  - A. Trial and Error Learning
  - B. Classical Conditioning
  - C. Cognitive Maps
  - D. Successive Approximation
- (C)
- **Explanation:** Tolman showed that rats form mental representations (cognitive maps) of mazes, indicating learning can occur without reinforcement.