

CHAPTER-7 | Reach for the Top

QUIZ
PART-02

- Where did Santosh enroll for mountaineering training without her father's permission?
 - Darjeeling's Himalayan Institute
 - Delhi Mountaineering Academy
 - Uttarkashi's Nehru Institute of Mountaineering
 - Kathmandu Mountaineering School (C)

Explanation : Santosh secretly enrolled at Uttarkashi's Nehru Institute of Mountaineering, later apologizing to her father.

- At what age did Santosh Yadav scale Mount Everest for the first time?
 - 18 years
 - 19 years
 - 20 years
 - 21 years (C)

Explanation: At barely 20 years of age, Santosh Yadav became the youngest woman in the world to scale Mt. Everest.

- What special quality won Santosh a place in the hearts of fellow climbers besides her skills?
 - Her wealth
 - Her leadership alone
 - Her concern for others and team spirit
 - Her speed in climbing (C)

Explanation: Apart from her skills, her concern for others and teamwork made her admired by fellow climbers.

- Whom did Santosh try to save during her 1992 Everest mission?
 - Mohan Singh
 - A dying climber at South Col
 - Another Indian mountaineer
 - Her team leader (B)

Explanation : She gave special care to a climber at South Col, though she could not save his life.

- Whom did Santosh save by sharing her oxygen?
 - Mohan Singh
 - Sherpa Tenzing
 - Her instructor
 - A Nepali climber (A)

Explanation: Santosh saved Mohan Singh's life by sharing her oxygen supply during the climb.

- What record did Santosh Yadav set within twelve months of her first Everest climb?
 - The fastest woman to climb Everest
 - The first woman to climb Everest twice
 - The first Indian woman to lead an expedition
 - The youngest climber in Asia (B)

Explanation: Within a year, she climbed Everest a second time, becoming the only woman to scale it twice.

- Which award was bestowed upon Santosh Yadav by the Indian government for her achievements?
 - Padma Bhushan
 - Padma Shri
 - Arjuna Award
 - Bharat Ratna (B)

Explanation: In recognition of her mountaineering achievements, Santosh Yadav was awarded the Padma Shri.

- How did Santosh describe her feelings when she unfurled the Indian tricolour on Everest?
 - It was frightening
 - It was indescribable and spiritual
 - It was disappointing
 - It was an ordinary achievement (B)

Explanation: She called it indescribable and truly a spiritual moment of pride for India.

- How did Santosh prove her environmental concern as a mountaineer?
 - She refused to use oxygen
 - She planted trees at the base camp
 - She collected and brought down 500 kg of garbage from the Himalayas
 - She taught villagers about cleanliness (C)

Explanation: Santosh showed her environmentalist spirit by bringing down 500 kg of garbage from the Himalayas.

- Which qualities equipped Santosh Yadav to succeed as a mountaineer?
 - Only physical strength
 - Only luck and support
 - Iron will, physical endurance, and mental toughness
 - Fame and wealth (C)

Explanation : Santosh succeeded because of her iron will, physical endurance, and mental toughness.