

CHAPTER-5 | Learning

QUIZ
PART-03

1. Observational learning refers to:
A. Learning through reinforcement only
B. Learning by watching others and imitating their behavior
C. Learning through trial and error
D. Learning only through direct experience (B)

Explanation : Observational learning occurs when individuals (observers) watch a model's actions and replicate the behavior without direct reinforcement .

2. Who is the main psychologist associated with observational learning?
A. Ivan Pavlov
B. B.F. Skinner
C. Albert Bandura
D. Edward Thorndike (C)

Explanation : Albert Bandura is the pioneer of observational learning, demonstrated in his Bobo Doll experiment .

3. What object was central to Bandura's famous experiment?
A. A teddy bear
B. A Bobo doll
C. A puzzle box
D. A maze (B)

Explanation : The Bobo doll, a large inflatable clown doll, was used to observe children's imitation of aggressive behaviors .

4. Classical conditioning
A. Classical conditioning
B. Operant conditioning
C. Cognitive learning
D. Modeling (D)

Explanation : Observational learning is often called modeling because it involves replicating the behavior of a model .

5. In the Bobo Doll experiment, children were more likely to imitate aggression when:
A. The model was punished
B. The model was rewarded
C. The model was ignored
D. The child was alone (B)

Explanation : Bandura's study showed that children imitated aggressive behaviors more when they saw the model being rewarded, illustrating vicarious reinforcement .

6. Which is NOT one of the four key elements of observational learning according to Bandura?
A. Attention
B. Retention
C. Reproduction
D. Generalization (D)

Explanation : The four essential elements are attention, retention, reproduction, and motivation; generalization is not included .

7. Remembering the observed behavior involves which process?
A. Attention
B. Retention
C. Motivation
D. Reproduction (B)

Explanation : Retention requires mental imagery, verbal descriptions, and rehearsal to store the observed behavior .

8. Which type of reinforcement occurs when an observer is motivated by watching someone else being rewarded?
A. Direct reinforcement
B. Vicarious reinforcement
C. Negative reinforcement
D. Self-reinforcement (B)

Explanation : Vicarious reinforcement is when the observer learns from the model's rewards and adopts similar behaviors .

9. In education, observational learning is applied when:
A. Teachers serve as role models for students
B. Students are rewarded with tokens
C. Learning occurs only through homework
D. Direct punishment is given for mistakes (A)

Explanation : Teachers act as models, and students learn behaviors and skills by observing them .

10. Which therapy technique makes use of observational learning?
A. Aversion therapy
B. Free association
C. Modeling
D. Cognitive restructuring (C)

Explanation : Modeling, a therapy technique based on observational learning, is used to treat phobias, anxiety, and improve social skills .