## **CBSE Board**

## Class 10 | English

## **CHAPTER-8 | The Sermon at Benares**

QUIZ-01



- 1. What event inspired Siddhartha Gautama to leave his royal life in search of enlightenment?
  - A. A conversation with a monk
  - B. Witnessing human suffering during a hunt
  - C. A prophecy about his future
  - D. Reading the Hindu sacred scriptures
- Explanation: Siddhartha Gautama was deeply moved by the sight of a sick man, an aged man, a funeral procession, and a monk, which led him to seek enlightenment.
- 2. What is the Bodhi Tree significant for in Buddha's life?
  - A. It was planted by Buddha's parents.
  - B. Buddha attained enlightenment under it.
  - C. It marked the location of his first sermon.
  - D. It was a gift from his disciples.
- (B)
- Explanation: After meditating under the peepal tree for seven days, Buddha achieved enlightenment, renaming it the Bodhi Tree (Tree of Wisdom).
- 3. Why did Kisa Gotami initially approach her neighbors?
  - A. To borrow food
  - B. To seek medicine for her dead son
  - C. To find a healer for herself
  - D. To collect mustard seeds

(B)

- Explanation: Overwhelmed by grief, Kisa Gotami carried her dead son to her neighbors, hoping for medicine to bring him back to life.
- 4. What condition did Buddha set for Kisa Gotami to obtain the mustard seed?
  - A. It must come from a temple.
  - B. It must be blessed by a monk.
  - C. It must come from a house where no one has died.
  - D. It must be collected from the forest. (C)
- **Explanation:** Buddha's condition aimed to teach Kisa Gotami that death is universal and unavoidable.
- 5. What realization did Kisa Gotami have after her search for mustard seeds?
  - A. Only monks can overcome sorrow.
  - B. Death is a common fate for all.
  - C. She needed to perform a ritual.
  - D. Her grief was unique. (B
- **Explanation:** Through her futile search, Kisa Gotami understood the universality of death and began to surrender her selfish grief.

- 6. According to Buddha, what happens to mortals after old age?
  - A. They achieve enlightenment.
  - B. They continue to live in happiness.
  - C. They inevitably face death.
  - D. They become immortal.

(C

- **Explanation:** Buddha taught that life is transient, and all living beings are bound to experience aging and death.
- 7. How does Buddha suggest overcoming sorrow?
  - A. By seeking revenge
  - B. By withdrawing from society
  - C. By understanding the inevitability of death
  - D. By following rituals and prayers

(C)

- **Explanation:** Buddha emphasized accepting death as a natural part of life and overcoming selfish grief to attain peace.
- 8. What metaphor does Buddha use to describe life in "The Sermon at Benares"?
  - A. A river flowing endlessly
  - B. A flickering light that is extinguished
  - C. A blooming lotus
  - D. A mountain enduring storms

(B)

(A)

(B)

- Explanation: Buddha compares life to a flickering light, highlighting its fragility and brevity.
- 9. How does the text define the concept of 'selfishness' in grief?
  - A. Excessive focus on one's own pain
  - B. Ignoring others' suffering
  - C. Seeking vengeance for a loss
  - D. Refusing to mourn a loved one
- Explanation: Kisa Gotami realized her selfishness lay in focusing solely on her grief, rather than understanding its universality.
- 10. What does Buddha mean by "drawing out the arrow of lamentation"?
  - A. Seeking revenge on those who caused pain
  - B. Eradicating sorrow and complaints to attain peace
  - C. Ignoring the pain of loss
  - D. Meditating under the Bodhi Tree
- **Explanation:** Buddha taught that one must remove the metaphorical arrow of grief and lamentation to find peace of mind.