

Chapter - 4 | Food Security in India

QUIZ
PART-02

1. Which group is highly affected by food and nutrition insecurity due to seasonal work and low wages?

A. Government employees
B. Traditional artists and landless people
C. IT professionals
D. Urban landlords (B)

Explanation: Landless people and traditional artisans often do seasonal work and earn low wages, making them highly food-insecure.

2. Which of the following social groups are more prone to food insecurity?

A. General category
B. Scheduled Castes, Scheduled Tribes, and OBCs
C. Politicians
D. Retired teachers (B)

Explanation: SCs, STs, and OBCs are socially disadvantaged groups and hence more vulnerable to food insecurity.

3. Migrants are food insecure primarily because—

A. They live in cities
B. They refuse to work
C. They are in search of work and often lack stable income
D. They have permanent jobs (C)

Explanation: Migrants searching for work in new areas often face food insecurity due to unstable and low-income jobs.

4. Which states in India have the highest concentration of food-insecure people?

A. Punjab and Haryana
B. Kerala and Goa
C. Bihar, Jharkhand, Odisha, and Chhattisgarh
D. Gujarat and Rajasthan (C)

Explanation: These states, particularly tribal and remote areas, have a high concentration of food-insecure populations.

5. Hunger is—

A. A sign of laziness
B. An indicator of food insecurity and a cause of poverty
C. A result of overproduction
D. Not related to poverty (B)

Explanation : Hunger reflects food insecurity and also leads to worsening poverty.

6. Chronic hunger is caused by—

A. Overeating
B. Regular diet plans
C. Very low income and inability to buy food
D. Changes in taste (C)

Explanation: Chronic hunger results from consistent lack of enough or nutritious food due to insufficient income.

7. Seasonal hunger is linked to—

A. Festival seasons
B. School vacations
C. Agricultural cycles
D. Tourist arrivals (C)

Explanation: Seasonal hunger occurs due to dependence on seasonal agricultural work, especially in rural areas.

8. Which group is especially vulnerable to malnutrition affecting newborns?

A. Men
B. Senior citizens
C. Women
D. Students (C)

Explanation: Malnutrition among women directly affects the health of newborn children.

9. What type of hunger is commonly found among urban casual laborers?

A. Occasional hunger
B. Political hunger
C. Chronic hunger
D. Seasonal hunger (D)

Explanation: Seasonal hunger also occurs in urban areas among casual laborers who may get less work during certain times.

10. What characterizes diets in cases of chronic hunger?

A. Rich in protein and calories
B. Balanced and consistent
C. Inadequate in quantity and/or quality
D. Expensive but unhealthy (C)

Explanation: Chronic hunger is marked by consistently inadequate food both in quantity and quality.