

## CHAPTER-4 | Psychological Disorders

QUIZ  
PART-05

1. Which neurodevelopmental disorder is characterized by inattention and hyperactivity?  
A. Autism Spectrum Disorder  
B. ADHD  
C. Intellectual Disability  
D. Conduct Disorder (B)

**Explanation:** Attention Deficit Hyperactivity Disorder (ADHD) involves difficulty sustaining attention, impulsivity, and hyperactive behavior.

2. Social communication deficits are the core feature of:  
A. ADHD  
B. Autism Spectrum Disorder  
C. Intellectual Disability  
D. Bulimia Nervosa (B)

**Explanation:** Autism Spectrum Disorder is marked by challenges in social communication and restricted or repetitive behaviors.

3. Intellectual disability primarily involves:  
A. Aggression and hostility  
B. Deficits in intellectual functioning and adaptive behavior  
C. Hyperactivity and impulsivity  
D. Overeating and purging (B)

**Explanation:** Intellectual Disability refers to below-average intellectual functioning and difficulties in adaptive behaviors.

4. Age-inappropriate stubbornness, disobedience, and hostility are features of:  
A. Conduct Disorder  
B. Antisocial Personality  
C. Oppositional Defiant Disorder (ODD)  
D. ADHD (C)

**Explanation:** ODD is characterized by persistent defiance, anger, and hostile behavior inappropriate for the child's age.

5. Aggression and repeated rule violations are indicators of:  
A. Conduct Disorder  
B. ADHD  
C. ODD  
D. Intellectual Disability (A)

**Explanation:** Conduct Disorder is marked by aggressive actions, violation of rules, and disregard for social norms.

6. Extreme food restriction leading to low body weight is seen in:  
A. Bulimia Nervosa  
B. Binge Eating Disorder  
C. Anorexia Nervosa  
D. Substance Abuse Disorder (C)

**Explanation:** Anorexia Nervosa involves restrictive eating, intense fear of weight gain, and dangerously low body weight.

7. Which disorder involves cycles of bingeing and purging?  
A. Anorexia Nervosa  
B. Bulimia Nervosa  
C. Binge Eating Disorder  
D. ADHD (B)

**Explanation:** Bulimia Nervosa is defined by episodes of overeating followed by purging behaviors such as vomiting or excessive exercise.

8. Compulsive overeating without purging is the main symptom of:  
A. Binge Eating Disorder  
B. Anorexia Nervosa  
C. Conduct Disorder  
D. Autism Spectrum Disorder (A)

**Explanation:** Binge Eating Disorder is marked by recurrent episodes of eating large amounts of food without compensatory purging.

9. Tolerance and withdrawal are hallmark features of:  
A. Conduct Disorder  
B. Substance-Related and Addictive Disorders  
C. ADHD  
D. Anorexia Nervosa (B)

**Explanation:** Substance use disorders involve addiction patterns where tolerance develops and withdrawal occurs when use is stopped.

10. Which is a key prevention strategy for suicide?  
A. Ignoring warning signs  
B. Limiting access to means and providing support  
C. Encouraging secrecy about mental health  
D. Promoting stigma about illness (B)

**Explanation:** Suicide prevention includes reducing access to lethal means, responsible media reporting, and providing support systems.