

CHAPTER-8 | Motivation and Emotion

QUIZ
PART-02

1. According to Maslow, which of the following is the most basic level of human need?

- A. Esteem Needs B. Safety Needs
C. Self-Actualization
D. Physiological Needs
(D)

Explanation : Physiological needs like food, water, and sleep are the foundation of Maslow's hierarchy.

2. The need for friendship, family, and community falls under which category?

- A. Esteem Needs
B. Love and Belongingness Needs
C. Self-Actualization D. Safety Needs (B)

Explanation : Love and belongingness needs include relationships, acceptance, and community connections.

3. What may happen if a person's esteem needs are not met?

- A. They become self-actualized
B. They feel hungry
C. They feel unsafe
D. They may feel inferior (D)

Explanation : Lack of esteem needs can cause feelings of inferiority and low self-worth.

4. Self-Actualisation need represents the desire to become the best version of oneself.

- A. True B. False (A)

Explanation : Self-actualization is about fulfilling one's potential and pursuing personal growth.

5. Safety needs focus on which of the following aspects?

- A. Recognition and respect
B. Security and protection
C. Personal growth and creativity
D. Sense of belonging (B)

Explanation : Safety needs include financial security, health, and protection from harm.

6. Which of the following is an example of self-actualization?

- A. Wanting a secure job
B. Seeking admiration from peers
C. Pursuing artistic creativity despite poverty
D. Building friendships and community bonds (C)

Explanation : Self-actualization is striving to express talents and personal growth, even in difficult conditions.

7. Which need level directly follows physiological needs in Maslow's hierarchy?

- A. Esteem Needs B. Safety Needs
C. Self-Actualization
D. Love and Belongingness (B)

Explanation : Once physiological needs are met, people seek safety and stability.

8. Which needs involve self-esteem, recognition, and respect from others?

- A. Physiological Needs
B. Love and Belongingness Needs
C. Esteem Needs
D. Self-Actualization Needs (C)

Explanation : Esteem needs cover both self-respect and recognition by others.

9. What is a possible outcome of unfulfilled love and belongingness needs?

- A. Hunger and thirst
B. Loneliness and isolation
C. Loss of creativity
D. Financial insecurity (B)

Explanation : Without social connection, individuals may experience loneliness and isolation.

10. Which of the following best summarizes Maslow's hierarchy of needs?

- A. All needs are independent of each other
B. Lower needs must generally be fulfilled before higher ones
C. Higher needs always take priority over lower needs
D. Physiological needs are less important than esteem needs (B)

Explanation : Maslow's model suggests progression from lower to higher needs, though flexibility may exist.