

Chapter – 3 | Reproductive Health

QUIZ PART-02

1. Population explosion refers to:
- A. Decrease in population growth rate
 - B. Rapid increase in population over a short period
 - C. Complete control of population
 - D. Migration of people from one place to another

(B)

Explanation : A rapid increase in population due to improved health facilities and better living conditions is called population explosion.

2. The world population in 1900 was approximately:
- A. 1 billion
 - B. 2 billion
 - C. 6 billion
 - D. 7.2 billion

(B)

Explanation : According to the PPT, the world population was approximately 2 billion (2000 million) in 1900.

3. According to the PPT, the world population reached approximately 7.2 billion in:
- A. 1900
 - B. 1951
 - C. 2000
 - D. 2011

(D)

Explanation : The world population increased from 2 billion in 1900 to about 7.2 billion in 2011.

4. At the time of independence, India's population was approximately:
- A. 100 million
 - B. 350 million
 - C. 700 million
 - D. 1.2 billion

(B)

Explanation : India's population at the time of independence was approximately 350 million.

5. The main reason for population growth mentioned in the PPT is:
- A. Increase in diseases
 - B. Reduction in maternal and infant mortality rate
 - C. Decrease in healthcare facilities
 - D. Reduction in food production

(B)

Explanation : Population growth increased due to a sharp reduction in maternal and infant mortality rates along with an increase in reproductive-age individuals.

6. The most important step to overcome population-related problems is:
- A. Increasing birth rate
 - B. Encouraging adoption of contraceptive measures
 - C. Stopping healthcare facilities
 - D. Increasing family size

(B)

Explanation : The adoption of contraceptive measures helps promote small families and control population growth.

7. According to the PPT, the legal age of marriage for women in India is:
- A. 16 years
 - B. 18 years
 - C. 20 years
 - D. 21 years

(B)

Explanation : The legal age for marriage is 18 years for women and 21 years for men.

8. An ideal contraceptive should be:
- A. Difficult to use and irreversible
 - B. Expensive with many side effects
 - C. User-friendly and effective with fewer side effects
 - D. Harmful to sexual health

(C)

Explanation : An ideal contraceptive should be user-friendly, reversible, effective, easily available, and should have minimal side effects.

9. Lactational amenorrhea is a natural method of contraception based on:
- A. Use of hormonal pills
 - B. Breastfeeding after delivery
 - C. Surgical removal of reproductive organs
 - D. Use of condoms

(B)

Explanation : During exclusive breastfeeding after delivery, ovulation and menstrual cycles may not resume, reducing the chance of pregnancy for about 4–6 months.

10. Which contraceptive method involves tying and cutting the vas deferens?
- A. Tubectomy
 - B. Vasectomy
 - C. IUD
 - D. Diaphragm

(B)

Explanation : In vasectomy, a small part of the vas deferens is removed or tied to prevent sperm transport.