

CHAPTER-7 | Reach for the Top

QUIZ-01

1. What was Santosh Yadav's primary reason for leaving home for Delhi at the age of sixteen?
- To pursue mountaineering
 - To fight societal norms
 - To seek better education
 - To escape marriage (C)

Explanation: Santosh left home because she wanted proper education, and her parents were initially unwilling to pay for her schooling in Delhi.

2. How did Santosh Yadav fund her mountaineering course at the Nehru Institute of Mountaineering?
- By working part-time
 - Through a scholarship
 - By saving money
 - Her parents supported her (C)

Explanation: Santosh saved money to enroll herself in the mountaineering course, demonstrating her determination and independence.

3. What record did Santosh Yadav achieve on her first climb of Mt. Everest?
- Youngest woman to scale Mt. Everest
 - First Indian woman to climb Mt. Everest
 - First woman to climb Mt. Everest twice
 - Fastest climb of Mt. Everest (A)

Explanation: At just twenty years of age, Santosh became the youngest woman to climb Mt. Everest.

4. Which characteristic of Santosh Yadav endeared her to her fellow climbers during the Everest expedition?
- Physical strength
 - Mental toughness
 - Concern for others
 - Environmental awareness (C)

Explanation: Santosh shared her oxygen with a climber in distress during the Everest expedition, showcasing her empathy and teamwork.

5. How does Maria Sharapova describe her motivation to succeed in tennis?
- A passion for fame
 - A strong desire to win and make money
 - A love for the sport
 - A desire to represent her country (B)

Explanation: Maria describes tennis as both a business and a sport, with her ultimate goal being to become world number one.

6. Why did Maria Sharapova and her father move to the United States?
- To escape economic hardship
 - To train at a renowned tennis academy
 - To compete in international tournaments
 - To reunite with family (B)

Explanation: Maria moved to the United States to train in Florida, which marked the beginning of her journey to tennis stardom.

7. What sacrifice did Maria Sharapova make early in her career?
- Leaving her family for training
 - Giving up her education
 - Living under harsh training conditions
 - Both A and C (D)

Explanation: Maria endured loneliness and harsh conditions, including living apart from her mother for two years, to focus on her tennis training.

8. How does Maria Sharapova express her patriotism?
- By always carrying the Russian flag
 - By retaining her Russian citizenship
 - By frequently visiting Russia
 - By speaking fluent Russian (B)

Explanation: Maria, despite living in the U.S., takes pride in her Russian nationality and is committed to playing for Russia in the Olympics.

9. What incident motivated Santosh Yadav to start climbing?
- Watching villagers disappear into the hills
 - Meeting professional mountaineers
 - Her interest in adventure sports
 - Encouragement from her college friends (A)

Explanation: From her hostel room, Santosh observed villagers climbing the Aravalli Hills and decided to explore, leading her to meet mountaineers.

10. What environmental contribution did Santosh Yadav make during her Everest climbs?
- Planted trees at base camp
 - Removed garbage from the Himalayas
 - Taught eco-friendly practices to climbers
 - Campaigned for the protection of Everest (B)

Explanation: Santosh brought down 500 kilograms of garbage from the Himalayas, reflecting her commitment to environmental conservation.