

CHAPTER-1 | What is Psychology?

QUIZ
PART-02

1. Psychology is best described as:

- A. Only a natural science
- B. Only a social science
- C. Both a natural and a social science
- D. Neither a natural nor a social science (C)

Explanation : It studies biological processes and social-cultural influences on behavior.

2. When and where was the first psychology laboratory established?

- A. 1890, London
- B. 1879, Leipzig
- C. 1900, Paris
- D. 1875, Vienna (B)

Explanation : The earliest psychology laboratory was founded in Leipzig in 1879.

3. Which focus best represents the Biological perspective?

- A. Social norms and values
- B. Observable behavior and reinforcement
- C. Role of brain, neurotransmitters, and hormones
- D. Unconscious conflicts and desires (C)

Explanation : The Biological perspective emphasizes brain processes and chemical messengers.

4. Which perspective emphasizes observable behavior and learning?

- A. Humanistic
- B. Behaviorist
- C. Cultural
- D. Cognitive (B)

Explanation : It centers on behaviors that can be observed and measured, including learning.

5. The Cognitive perspective mainly studies:

- A. Cultural rules and traditions
- B. Mental processes like memory and reasoning
- C. Brain structures only
- D. Social hierarchies (B)

Explanation : It focuses on how information is received, processed, stored, and used.

6. The Humanistic perspective (Rogers, Maslow) highlights:

- A. Conditioned reflexes
- B. Personal growth and free will
- C. Genetic determinism
- D. Social conformity (B)

Explanation : It stresses purposeful, goal-directed behavior and self-actualization.

7. Which pairing correctly matches the perspective with its key figures?

- A. Humanistic — Rogers and Maslow
- B. Cultural — Skinner and Pavlov
- C. Behaviorist — Rogers and Maslow
- D. Biological — Skinner and Pavlov (A)

Explanation : Rogers and Maslow are central to the Humanistic perspective; Skinner and Pavlov are associated with Behaviorism.

8. Which perspective explains behavior as adaptive traits shaped over time?

- A. Evolutionary
- B. Cognitive
- C. Biological
- D. Psychoanalytic (A)

Explanation : It examines how evolution influences behaviors that aid survival and reproduction.

9. Which related-field pairing is correct?

- A. Biology — studies cultural impact on behavior
- B. Medicine — helps in understanding mental illnesses
- C. Sociology — study of brain and behavior (e.g., neuropsychology)
- D. Anthropology — behavior in a social context (B)

Explanation : Medicine is linked with understanding and addressing mental health conditions.

10. Which field benefits from insights in cognitive psychology to build intelligent systems?

- A. Geology
- B. AI & Computer Science
- C. Botany
- D. Architecture (B)

Explanation : Cognitive psychology informs the development of artificial intelligence and computational models of thinking.