

## CHAPTER-8 | Motivation and Emotion

QUIZ  
PART-03

1. Which of the following is NOT a component of emotion?
- A. Physiological arousal
  - B. Expressive behavior
  - C. Cognitive experience
  - D. Reflex response (D)

**Explanation:** Emotions involve physiological arousal, expressive behavior, and cognitive experience—not simple reflexes.

2. Who demonstrated that facial expressions for basic emotions are universal?
- A. Abraham Maslow
  - B. William James
  - C. Paul Ekman
  - D. Charles Darwin (C)

**Explanation:** Paul Ekman's research showed that basic emotions like happiness and anger have universal facial expressions.

3. In which culture are emotions generally expressed more openly?
- A. Western cultures
  - B. Eastern cultures
  - C. Tribal cultures
  - D. Nomadic cultures (A)

**Explanation:** Western cultures encourage open emotional expression, unlike Eastern cultures that often stress subtlety.

4. What is NOT true about culture and emotional labelling?
- A. Emotional experiences are the same across cultures
  - B. Emotional vocabularies differ across cultures
  - C. Culture influences cognitive appraisal
  - D. Some emotions may not exist in all cultures (A)

**Explanation:** While basic physiological emotions are universal, the way they're labeled and understood varies by culture.

5. Which theory suggests that emotions result from awareness of physiological changes?
- A. Cannon-Bard theory
  - B. James-Lange theory
  - C. Two-Factor theory
  - D. Cognitive appraisal theory (B)

**Explanation:** James-Lange theory states that bodily changes come first, and emotions follow as awareness of those changes.

6. Which theory states that arousal and emotion occur simultaneously?
- A. James-Lange theory
  - B. Schachter-Singer theory
  - C. Cannon-Bard theory
  - D. Cognitive appraisal theory (C)

**Explanation:** The Cannon-Bard theory explains that emotion and arousal happen at the same time, not sequentially.

7. Which theory emphasizes the role of interpretation in determining emotions?
- A. James-Lange theory
  - B. Cannon-Bard theory
  - C. Schachter-Singer (Two-Factor) theory
  - D. Darwin's theory (C)

**Explanation:** The Schachter-Singer theory highlights that physiological arousal plus cognitive interpretation produces emotion.

8. Which of the following is NOT one of the six basic emotions identified by Ekman?
- A. Happiness
  - B. Anger
  - C. Fear
  - D. Pride (D)

**Explanation:** The six basic emotions are happiness, sadness, anger, fear, disgust, and surprise—pride is not included.

9. Cultural display rules determine:
- A. The universality of emotions
  - B. When, how, and which emotions can be expressed
  - C. The number of basic emotions humans feel
  - D. How emotions evolve biologically (B)

**Explanation:** Display rules are cultural norms that guide emotional expression in social situations.

10. Which example illustrates culture-specific emotional vocabulary?
- A. Crying to show sadness
  - B. "Schadenfreude" in German
  - C. Smiling as a sign of happiness
  - D. Anger raising heart rate (B)

**Explanation:** "Schadenfreude," a German term meaning joy at another's misfortune, illustrates cultural differences in labeling emotions.